

TO: All Parents of Fall Student Athletes

FROM: Athletic Office

DATE: June 14, 2010

RE: Sports Requalification

Enclosed is important information regarding sports requalifications. **EVERYONE**, 7th – 12th grade, must complete the requalification process in order to tryout for fall sports.

Below is a checklist of what will be needed to complete the requalification process. **(first 3 items must be documented for ALL students).**

- **Sports Clearance Form signed by parent** within 30 days of first practice
- **Monroe County Physical Examination Form** WITHIN PAST ONE YEAR, dated & listing level of participation
- **Proof of tetanus shot within past 10 years**
- **Self med release form, if student carries an inhaler or an Epi-Pen (on back of Physical Examination form)**
- **Physician's release form, if student has been excused from sports or gym due to an injury or an illness**
- **Glasses, if prescribed, for the vision test**

Requalifications will take place in the band room as follows:

Thursday, August 5 9:00 - 2:00

Wednesday, August 11 9:00 - 2:00

If it has been **more than one year since your student's last physical** or **more than 10 years since the last tetanus shot**, you should schedule a doctor's appointment now. Nurses may not interview students who don't have a current sports physical on file and students without a nurses interview cannot be medically cleared for tryouts, so it is important that documentation of a current sports physical be provided. Bear in mind that many doctor's offices close for vacation during the summer. To avoid disappointment in the fall it is best to be sure the medical paperwork is in order now.

Students enrolled in summer school should arrange now to take off from class on one of the requalification dates. Parents need not attend requalification with the students; however a parent **must have signed the Sports Clearance Form. Students must appear in person for sports requalifications.**

STUDENTS FAILING TO APPEAR FOR MEDICAL CLEARANCE MAY NOT PARTICIPATE IN PRACTICES OR TRYOUTS.

The **starting date for JV, Varsity & freshman sports** will be **Mon, August 16**. Modified football will begin August 30 and modified soccer will begin when school opens on Sept 8. Requalifications should be done on the designated dates.

Details on our tryout/practice schedule will be posted on our sports website – **Highschoolsports.net**. You may also download *Sports Clearance Forms* from this site and check on fall schedules.

If you have any questions, please do not hesitate to call Lori Popen at 254-2020 ext. 1043. Medical documents may be faxed to 647-8859 but the student must appear in person to complete requalification.